



Call for Ideas

Promoting health, fitness and community interaction

In order to promote health, fitness and interaction among the community, how do we devise sustainable programs and design of HDB precinct/estate/town or common areas to encourage:

- Active play and exercise (E.g. Calisthenics)
- Wellness activities (E.g. Meditation, Yoga)
- Inter-generational activities
- Community Interactions



<http://old.soulscape.asia/spring-festival-yoga-gallery/>



<https://www.straitstimes.com/singapore/health/singapores-first-inter-generational-playground-childcare-centre-in-a-nursing-home>

DEADLINE – 31st July 2019 | STAND A CHANCE TO WIN UP TO \$5000

FOR SUBMISSION & ENQUIRY: hdbbri_innovation@mailbox.hdb.gov.sg



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